

2019 Contributions Limits Table

Age	401(k) only	401(k) with Profit Sharing	Cash Balance	Total
70	\$25,000	\$62,000	\$336,000	\$398,000
69	\$25,000	\$62,000	\$322,000	\$384,000
68	\$25,000	\$62,000	\$308,000	\$370,000
67	\$25,000	\$62,000	\$295,000	\$357,000
66	\$25,000	\$62,000	\$283,000	\$345,000
65	\$25,000	\$62,000	\$271,000	\$333,000
64	\$25,000	\$62,000	\$277,000	\$339,000
63	\$25,000	\$62,000	\$283,000	\$345,000
62	\$25,000	\$62,000	\$288,000	\$350,000
61	\$25,000	\$62,000	\$274,000	\$336,000
60	\$25,000	\$62,000	\$261,000	\$323,000
59	\$25,000	\$62,000	\$248,000	\$310,000
58	\$25,000	\$62,000	\$236,000	\$298,000
57	\$25,000	\$62,000	\$225,000	\$287,000
56	\$25,000	\$62,000	\$214,000	\$276,000
55	\$25,000	\$62,000	\$203,000	\$265,000
54	\$25,000	\$62,000	\$193,000	\$255,000
53	\$25,000	\$62,000	\$184,000	\$246,000
52	\$25,000	\$62,000	\$175,000	\$237,000
51	\$25,000	\$62,000	\$166,000	\$228,000

**401(k): \$19,000; 6,000 catch-up; 25,000 age 50+*

2019 Contributions Limits Table Cont'd

Age	401(k) only	401(k) with Profit Sharing	Cash Balance	Total
50	\$25,000	\$62,000	\$158,000	\$220,000
49	\$19,000	\$56,000	\$151,000	\$207,000
48	\$19,000	\$56,000	\$143,000	\$199,000
47	\$19,000	\$56,000	\$136,000	\$192,000
46	\$19,000	\$56,000	\$130,000	\$186,000
45	\$19,000	\$56,000	\$123,000	\$179,000
44	\$19,000	\$56,000	\$117,000	\$173,000
43	\$19,000	\$56,000	\$112,000	\$168,000
42	\$19,000	\$56,000	\$106,000	\$162,000
41	\$19,000	\$56,000	\$101,000	\$157,000
40	\$19,000	\$56,000	\$96,000	\$152,000
39	\$19,000	\$56,000	\$91,000	\$147,000
38	\$19,000	\$56,000	\$87,000	\$143,000
37	\$19,000	\$56,000	\$83,000	\$139,000
36	\$19,000	\$56,000	\$79,000	\$135,000
35	\$19,000	\$56,000	\$75,000	\$131,000
34	\$19,000	\$56,000	\$71,000	\$127,000
33	\$19,000	\$56,000	\$68,000	\$124,000
32	\$19,000	\$56,000	\$65,000	\$121,000
31	\$19,000	\$56,000	\$61,000	\$117,000

*401(k): \$19,000; 6,000 catch-up; 25,000 age 50+